

Braum's Menu Guide

Quick Reference: Items, Prices, and Calories

Breakfast Selections

Item	Price	Calories
Braum's 3 Meat Breakfast Burrito	\$5.59	680 cal
Braum's Spanish Breakfast Burrito	\$5.59	680 cal
California Chipotle Breakfast Burrito	\$6.19	580 cal
Big Country Breakfast	\$4.79	950 cal
Breakfast Burrito	\$5.69	450 cal
Hash Browns	\$5.69	330 cal
Bagel Sandwich	\$2.99	510 cal
Biscuit Sandwiches	\$6.35	300 cal
Biscuits & Gravy	\$3.07	300 cal
Breakfast Bagel	\$6.35	320 cal
Biscuit with Jelly	\$3.07	200 cal
English Muffins	\$5.69	130 cal
Fruit & Yogurt Swirl	\$2.99	280 cal
Cinnamon Roll	\$6.35	530 cal
Hotcakes & Sausage	\$3.07	510 cal

Burgers

Item	Price	Calories
Bacon Cheeseburger	\$6.99	630 cal
Cheeseburger	\$4.99	540 cal
Jalapeño Pepper Jack Cheeseburger	\$5.45	640 cal
Deluxe 1/6 lb. Hamburger & Cheeseburger	\$6.99	420 cal
Bag Bag of Burgers – Deluxe	\$6.99	420 cal
Bag of Burgers – Junior	\$6.04	390 cal
Classic Hamburger	\$4.29	360 cal
Mushroom Swiss Burger	\$5.99	540 cal

Item	Price	Calories
Veggie Burger	\$5.49	420 cal
Kid's Meal: Hamburger or Cheeseburger	\$6.04	390 cal
Four Cheese Burger	\$4.59	220 cal

Chicken Selections

Item	Price	Calories
Grilled Chicken Sandwich	\$5.79	430 cal
Chicken Club Sandwich	\$6.48	800 cal
Chicken Filet Sandwich	\$3.39	430 cal
Chicken Strip Dinner	\$7.69	1150 cal
Chicken Strips	\$4.29	490 cal
Kid's Meal with Chicken Strips	\$5.39	620 cal

Fresh Salads

Item	Price	Calories
Strawberry Poppyseed Chicken Salad	\$4.99	480 cal
Garden Salad	\$3.49	170 cal
Grilled Chicken Salad	\$4.99	460 cal
Chicken Strip Salad	\$7.25	540 cal

Sundaes & Splits

Item	Price	Calories
Banana Split	\$4.29	1330 cal
Black Forest Sundae	\$2.49	570 cal
Brownie Fudge Sundae	\$2.49	300 cal
Candy Bar Sundae	\$2.49	350 cal
Hot Caramel Sundae	\$2.29	300 cal
Hot Fudge Sundae	\$2.99	860 cal
Strawberry Shortcake Sundae	\$3.99	340 cal
Turtle Sundae	\$5.59	300 cal
Tuxedo Sundae	\$5.79	1290 cal

Ice Cream & Fountain Treats

Item	Price	Calories
Amaretto Peach Charlotte	\$2.29	150 cal
Banana Pecan	\$2.29	150 cal
Birthday Cake	\$2.29	160 cal
Black Walnut Ice Cream	\$2.29	140 cal
Bordeaux Cherry Amaretto Ice Cream	\$5.99	140 cal
Brownie Batter Ice Cream	\$2.29	200 cal
Butter Brickle Ice Cream	\$2.29	150 cal
Brownie Fudge Sundae (Scoop)	\$2.29	180 cal
Butter Pecan	\$2.29	160 cal
Caramel Cookie Dough Ice Cream	\$2.29	170 cal
Cappuccino Chunky Chocolate Ice Cream	\$2.29	150 cal
Cherries, Pecans & Cream Ice Cream	\$4.49	160 cal
Ice Cream Cones	\$1.99	290 cal
Soft Frozen Yogurt	\$1.29	140 cal
Malts & Shakes	\$3.89	600 cal
Mixes	\$3.19	400 cal
Sherbet Freeze	\$3.19	510 cal

Beverages

Item	Price	Calories
Limeades	\$1.45	200 cal
Cherry Limeades	\$1.45	230 cal
Soft Drinks	\$1.59	450 cal
Iced Tea	\$1.79	120 cal
Milk (By The Glass)	\$1.59	150 cal
Hot Chocolate	\$1.85	380 cal
Coffee	\$1.85	0 cal
Tea	\$1.39	150 cal
Orange & Apple Juice	\$3.19	120 cal

Combo Meals (Includes Fries & Drink)

Item	Price	Calories
Quarter Lb. Cheeseburger Combo #1	\$7.79	530 cal
Double Quarter Lb. Cheeseburger Combo #2	\$11.21	730 cal
Jalapeño Pepper Jack Cheeseburger Combo #3	\$10.99	780 cal
4 Cheeseburger Combo #4	\$10.99	730 cal
1/4 Lb. Bacon Cheeseburger Combo #5	\$10.09	630 cal
Spicy Chicken Pimento Bacon Sandwich Combo #6	\$8.89	1000 cal
Chicken Sandwich Combo #7	\$9.79	702 cal
Chicken Club Sandwich Combo #8	\$8.49	800 cal
4 Chicken Strip Combo #9	\$8.69	490 cal
Chicken Strip Dinner Combo #10	\$9.45	1150 cal
Aloha Grilled Chicken Sandwich Combo #11	\$9.45	70 cal
1/6 Deluxe Cheeseburger Combo #12	\$7.09	0 cal
1/6 Lb. Jr Cheeseburger Combo #13	\$5.19	390 cal
1/6 Lb. Double Jr Cheeseburger Combo #14	\$6.49	520 cal
2 Chicken Strip Combo #15	\$5.79	700 cal
Crinkle Cut French Fries	\$1.29	310 cal

Special Selections

Item	Price	Calories
Crave & Save Combo Special	\$8.89	1060 cal
Double Biscuit & Gravy Breakfast Combo	\$5.59	840 cal
Holiday Ice Cream	\$7.00	1140 cal